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## ***Aims***

The study skills learnt in this section should enable the student to: -

- *"Free-write"* in a variety of styles
- Know the advantages of *'free-writing'*
- Generate thoughts and ideas relevant to the Assignment
- Remove any psychological inhibitions to writing

### ***Section 1: Opening Comments***

*'Free-writing'* is writing without editing. It's writing what we want, in the way we want and at the time we want, with no pauses to check what's been written. It's done with the express intention of enabling the writer to: -

- 1.1 Release their inner creativity
- 1.2 Find their *'inner voice'* or natural writing style
- 1.3 Generate new ideas

### ***Section 2: Methodology***

To *'free-write'* it's necessary to: -

- 2.1 Begin writing on anything of personal interest
- 2.2 Continue writing for 10-20 minutes without pause – either rapidly or slowly
- 2.3 Carry on and not give up. This is best achieved by repeating the last word (either in one's mind or on the paper) until a new word comes
- 2.4 Avoid worrying about the quality of the material being produced
- 2.5 Remain with only one topic within the allotted time or touch upon a whole range of topics as the mood allows
- 2.6 Correct the material the following day – having a fresh mind is always beneficial when a piece of work needs correcting

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